



Advanced Practitioner Solutions LLC
13195 SW 134th Street, Unit# 102
Miami, Florida 33186

WEIGHT MANAGEMENT WAIVER FORM

Semaglutide is a human-based glucagon-like peptide-1 receptor agonist prescribed as an adjunct to a reduced calorie diet and increased physical activity for chronic weight management in adults with an initial body mass index (BMI) that is considered outside a healthy range.

While using Semaglutide + Lipotropic with B12, it is highly recommended that you:

- Eat a fibrous diet. Focus on fruits and vegetable that are high in fiber
- Eat small high protein meals as digestion is slowed down while on this medication
- Avoid foods high in fat as they take longer to digest
- Limits alcohol intake as this medication can lower blood pressure
- Drink at least 32oz of water a day to avoid constipation

***Initials_____

Do not take this medication if:

- You have a personal or a family history of medullary thyroid carcinoma (thyroid cancer)
- You have Multiple Endocrine Neoplasia Syndrome
- You are pregnant or plan to become pregnant while taking this medication
- You are a diabetic and/or taking any medication related to lowering your blood sugar levels without speaking with your endocrinologist
- You are taking any type of Insulin because the combination may increase the risk of hypoglycemia (low blood sugar) and dosage adjustments by your provider may be necessary
- You have a history of pancreatitis, allergy to Semaglutide or any GLP-1 agonist such as: Adlyxin, Byetta, Bydureon, Ozempic, Rybelsus, Trulicity, Victoza, Wegovy

***Initials_____

Possible side effects: nausea, diarrhea, vomiting, constipation, abdominal pain, headache, fatigue, dyspepsia, dizziness, abdominal distention, belching, hypoglycemia, flatulence, gastroenteritis, and gastroesophageal reflux disease. Subcutaneous injections: common injection site reactions are characterized by itching, burning at site of administration with or without thickening of the skin (whealing). If you notice other side effects not listed above, contact your doctor or pharmacist.

Initial

A very serious reaction to this drug is rare. However, get medical help right away if you notice any symptoms of a serious allergic reaction including rash, itching/swelling of the face, tongue, or throat, severe dizziness, trouble breathing. In such event contact emergency 911 immediately.

***Initials_____

IF YOU HAVE ANY QUESTIONS AS OF THE RISKS OFR HAZARDS OF THIS TREATMENT, OR ANY QUESTIONS WHATSOEVER CONCERNING THIS PROPOSED TREATMENT OR OTHER POSSIBLE TREATMENTS, ASK THE STAFF NOW BEFORE SIGNING THIS CONSENT FORM.

By signing, I certify that I have read and understand the contents of this form. I am aware of the possible side effects and drug interactions and give my consent for treatment. I have informed the medical staff of any known allergies to drugs or other substances, and any past adverse reactions I have experienced. I have informed the medical staff of all medications and supplements I am currently taking.

I understand there are other ways and programs that can assist me in my desire to decrease my body weight and acknowledge that no guarantees have been made to me concerning my results.

Full Name_____Signature_____

Phone number_____

Date of Brith_____

Deliver address. (For those that apply)_____

Electronic Signature Consent

_____By checking here, you are consenting to the use of your electronic signature in lieu of an original signature on paper. You have the right to request that you sign a paper copy instead. By checking here, you are waiving that right.

After consent, you may, upon written request to us, obtain a paper copy of an electronic record. No fee will be charged for such copy and no special hardware or software is required to view it. Your agreement to use an electronic signature with us for any documents will continue until such time as you notify us in writing that you no longer wish to use an electronic signature. There is no penalty for withdrawing your consent. You should always make sure that we have a current email address in order to contact you regarding any changes, if necessary.